

CUSD Community Resource List
Families In Transition

CalFresh Program	(877) 847-3663
3320 E. La Palma Ave	Anaheim, CA 92806
http://ssa.ocgov.com	
This food assistance program helps provide improvement of health and the well-being of individuals by providing them with monthly electronic benefits that can be used to buy most foods at many markets and food stores.	
Casa Youth Shelter	(800) 914-CASA (2272)
10911 Reagan Street	Los Alamitos, CA 90720
http://www.casayouthshelter.org/	
Casa Youth Shelter provides emergency temporary shelter for youth aged 12-17. Youth eligible for short term shelter care include those who have run away from home, are at risk of running away because of abuse or any other reason, or for those who have been kicked out of their homes or are at risk of being kicked out. Casa Youth Shelter also has the capacity to house youth aged 12-17 for longer periods through our Extended Placement Program. In these cases, the residents are legal dependents of a county social services agency. We provide residents with one-on-one individual counseling services three times per week.	
CalWORKs	(714) 575-2400
3320 E. La Palma Ave	Anaheim, CA 92806
ssa.ocgov.com	
Welfare program that gives cash aid and services to eligible needy California families. If a family has little or no cash and needs housing, food, utilities, clothing or medical care, they may be eligible to receive immediate short term help	
Colette's Children's Home	(714) 596-1380
7372 Prince Drive, Suite 106	Huntington Beach, CA 92647
www.healinghomelessness.org	info@healinghomelessness.org
Provides transitional shelter for women who need support related to homelessness, domestic violence or substance abuse. Educational and supportive services are also offered to children staying in the shelter.	
CSP Youth Shelter	(949) 494-4311
	Laguna Beach
www.cspinc.org	youthshelter@CSPinc.org
Offers services to runaway, homeless and at risk youth. Offers short term crisis intervention residential program with the goal on famil reunification. Children at risk of homelessness, institutionalization, incarceration, or hospitalization are given emergency shelter, meals, 24 hour supervision, individual, group and family counseling, academic tutoring, prevention education and life skills development activities.	
Family Assistance Ministries	(949) 492-8477
1030 Calle Negocio	San Clemente, CA 92673
www.family-assistance.org	
Provides food, shelter, client aid, utility assistance, transportation assistance, medical, dental, prescription assistance, financial counseling and other medical screenings. Food Distribution: Mon – Thur: 9:00am – 3:00pm; Friday: 9:00am – 1:00pm	

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Families Forward	949-552-2727
8 Thomas	Irvine, CA 92618
http://www.families-forward.org/	info@families-forward.org
Families Forward, founded in 1984, is a non-profit organization committed to helping local Orange County families who are homeless or at risk of homelessness. Our programs help families gain the skills and tools they need to stabilize, and regain or maintain their self-sufficiency and provide stability for their children.	
Illumination Foundation	(949) 273-0555
2691 Richter Ave, Ste 107	Irvine, CA 92606
www.ifhomeless.org	
Illumination Foundation assesses the homeless and unstable household families by providing immediate relief when necessary. They provide medical care, mental health and workforce services, temporary and permanent housing programs.	
Human Options	(877) 854-3594 (24 hour hotline)
Business Office: 5540 Trabuco Rd., Ste. 100	Irvine, CA 92620
www.humanoptions.org	info@humanoptions.org
24 Hour Hotline, Emergency Shelter, Transitional Housing, Center for Children & Families - includes counseling for individuals, families, seniors and children, legal advocacy, parenting classes, Safe Dates - a teen dating violence curriculum focusing on healthy relationships for MS & HS students, Seeking Safety - an evidence-based curriculum focused on post-traumatic stress and substance abuse, and a Personal Empowerment Program in English & Spanish	
iHope	(949) 218-1680
542 North El Camino Real	San Clemente, CA 92672
www.ihopeoc.org	info@ihopeoc.org
The center provides meals, laundry facilities, lockers, mail and telephone services, job assessment, training and placement, crisis management, and access to medical, dental and social services.	
Kathy's House	(949) 248-8300
31877 Del Obsipo St., #102	San Juan Capistrano, CA 92675
www.kathyshousesjc.org	
Helps families get a fresh start in life and heal from the hurts of violence and alcohol or drug abuse. It is a long term program designed to help women (and her children), get a fresh start in life and learn skills to help her accomplish healthy goals and behaviors for a successful fulfilling life	
Laura's House	(866) 498-1511
999 Corporate Drive, Suite 225	Ladera Ranch, CA 92694
www.laurashouse.org	laurashouse@laurashouse.org
Provides emergency housing and comprehensive therapeutic program for women and their children who have experienced domestic violence	
Orange County Rescue Mission	(714) 247-4300
One Hope Drive	Tustin, CA 92782
www.rescuemission.org	Fax: (714) 258-4451
OCRM provides services such as residential housing for up to two years, medical and dental care, meals, job training, case management, substance abuse treatment, parent training, anger management training, mental health care assessment and treatment, housing assistance and placement.	

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Salvation Army	(213) 438-1600 (various locations)
10200 Pioneer Road, Tustin Ranch, California 92782	(714) 545-2937
1710 W. Edinger, Santa Ana, California 92703	(714) 832-7100
http://www.salvationarmy-socal.org/southern-california/OrangeCounty	
Salvation Army Southern California Division provides relief to families struggling in the current economy by providing for basic needs such as clothing, food, shelter and utilities. Additional supportive services are provided as well, such as counseling and spiritual care.	
Serving People in Need (SPIN)	(714) 751-1101
151 Kalmus Drive, Suite H-2	Costa Mesa, CA 92626
www.spinoc.org	
Provides services to families in transition such as Guided Assistance to Permanent Placement Housing Program & Street Services Program	
Women Helping Women	(949) 631-1287
1800 E Mc Fadden Ave., Ste #1A	Santa Ana, CA 92705
www.whw.org	shopdejane@whw.org
A nonprofit corporation that provides comprehensive employment support services to empower disadvantaged men, women and teens in reaching economic self-sufficiency.	
Women's Transitional Living Center	(714) 992-1931
P.O. Box 6103	Orange, CA 92863
www.wtlc.org	
WTLC is a non-profit organization dedicated to helping individuals and families escape the depths of domestic violence and exploitation. Services include: Transitional housing, emergency housing, legal advocacy, and counseling services.	
Food Bank - Dana Point Senior Center	(949) 496-4252
34052 Del Obispo Rd	Dana Point, CA 92629
www.foodpantries.org	
Food distribution days/hours: 3rd Thursday: 9:00am – 11:00am	
Food Bank - Children of the Americas	(949) 726-2423
67 Gingham St.	Trabuco Canyon, CA 92679
www.americaschildren.org	
Food distribution days/hours: Saturday: 9:00 a.m. – 7:00 p.m.	
Food Bank - Christian Outreach Center	(949) 855-0233
15520 Rockfield Blvd.	Irvine, CA 92618
feedoc.org	
Food distribution days/hours: Tuesday: 3:00pm- 5:00pm, Wednesday, Thursday: 1:00pm- 3:00pm	
Food Bank - Coast Hills Community Church	(949) 683-4709 - Sally Hales
5 Pursuit	Aliso Viejo, CA 92656
http://www.coasthillschurch.org/634637.ihmtl	sallyhales1@gmail.com
Distributions 8:00am - 10:00am typically the second and last Saturday every month - check website for dates	
Food Bank - Crossline Community Church	(949) 916-0250
23331 Moulton Parkway	Laguna Hills, CA 92653
www.crosslinechurch.com	
Families can shop once a week; Thursday: 11:00 a.m. – 2:00 p.m., 6:00 p.m. – 8:00 p.m; Sunday: 11 a.m. – 2:00 p.m.	

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Food Bank - Families Forward	(949) 552-2727
8 Thomas	Irvine, CA 92618
www.families-forward.org	
Food distribution days/hours: Monday – Thursday: 9:00 a.m. – 5:00 p.m. Friday: 9:00 a.m. – 1:00 p.m.	
Food Bank - Holy Mother Mission	(949) 326-3025
Aliento Apartments @ Via Ricardo	
www.holymothermission.org	
Food distribution days/hours: Wednesday: 10:00 a.m.	
Food Bank - Laguna Relief & Resource Center	(949) 497-7121
20652 Laguna Canyon Rd.	Laguna Beach, CA
http://lagunareliefindresourcecenter.com	
Food distribution days/hours: Monday – Friday: 8:00 a.m. – 10:00 a.m.	
Food Bank - Ocean Hills Community Church	(949) 769-8201
32222 Del Obispo Street	San Juan Capistrano, CA 92675
http://www.marinerschurch.org/ocean-hills/outreach/outreach-ministries/food-bank/	
Bring ID. Pantry Hours Thursday 10am - 11pm. Meet in back parking lot.	
Food Bank - Saddleback Food Pantry	(949) 380-8144
23011 Moulton Parkway, Suite B12	Lake Forest, CA
saddleback.com/connect/ministry/food-pantry	
Photo ID Required. Pick up 1 times per month. Open Monday - Friday 9am - 3:45pm	
Food Bank - San Francisco Solano Catholic Church	(949) 589-7767 ext 2123
29873 Comercio	Rancho Santa Margarita, CA 92688
www.sfsolano.org/Food Bank	
Food Bank that offers assistance to local residents. Distributes groceries and produce once a week and available for up to one year. Distribution hours: Fridays, 2:00pm-5:00pm	
Food Bank - Second Harvest Orange County	(949) 855-0233
15520 Rockfield Blvd, Ste F	Irvine CA 92618
www.feedoc.org	agency@feedoc.org
Food bank distributions: Tuesdays 3-5pm, Wednesday and Thursdays 1-3pm	
Food Bank - Serve the People	(714) 352-2905
1206 E. 17th Street, Ste 101	Santa Ana CA 92701
www.serve-the-people.com/beta/	
Food pantry that operates every 1st and 3rd Saturday of each month. Provides free grocery bag of food along with fresh vegetables and fruits to each household. Also provide free articles of clothing, shoes, baby food, diapers, feminine hygiene products, toiletries and other household products.	
Food Bank - Serra's Pantry	(949) 234-1302
31611 El Camino Real	San Juan Capistrano, CA 92675
www.serrapantryoutreach.org	
Food Pantry open each week on Monday, Wednesday and Saturday. Food is distributed to registered clients on Monday, Wednesday & Saturday from 10:30 am to 12:00 pm	
Food Bank - South County Outreach	(949) 380-8144
26776 Vista Terrace	Lake Forest, CA 92630

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www.sco-oc.org/programs/homeless-prevention/	
Food distribution days/hours: Monday – Friday: 9:00 a.m. – 3:45 p.m.	
Food Bank - South Orange County Outreach	(949) 380-8144
7 Whatney, Suite B	Irvine, CA 92618
www.sco-oc.org	
Food Pantry Hours: Mon, Wed, Thur, Fri - 9am - 3:30pm, Tue - 12:30pm - 3:30pm	
Food Bank - St. Killian's Catholic Church	(949) 586-4440
26872 Estanciero Dr.	Mission Viejo, CA 92692
www.stkillianchurch.org	
Food distribution days/hours: Monday, Friday: 8:30 a.m. – 12:30 p.m.	
Food Bank - St. Michael's Church	(949) 366-9480
107 W. Marquita Ave.	San Clemente, CA 92672
www.foodpantries.org	
Food distribution days/hours: Thursday: 3:30pm – 4:30pm	
Food Bank - St. Vincent de Paul	(949) 494-9701
990 Temple Terrace	Laguna Beach, CA 92651
http://www.homelessshelterdirectory.org	
Dates vary, call for appointment	
Food Bank - Vineyard Community Church	(949) 425-3787
27632 El Lazo	Laguna Niguel, CA 92677
www.vineyardcommunitychurch.org	
Food distribution days/hours: Wednesday, Friday: 1:00 p.m. – 2:00 p.m.	

COMMUNITY RESOURCES: The referrals listed are not sponsored, endorsed, supported or specifically recommended by the Capistrano Unified School District or any of its employees. The referrals are provided as a community service based on information gathered from the providers or other sources. The District has not done any independent investigation or evaluation of any resource and does not take any responsibility for the quality or competency of the services provided.