

MILITARY SUPPORT	
Military One Source	(800) 342-9647
www.militaryonesource.mil	
Military OneSource is a confidential Department of Defense-funded program providing comprehensive information on every aspect of military life at no cost to active duty, National Guard, and reserve members, and their families. Information includes, but is not limited to, deployment, reunion, relationships, grief, spouse employment and education, parenting and childhood services. It is a virtual extension to installation services.	
Strong Families Strong Children	(714) 953-4455 x661
8 Thomas Irvine, CA 92618	No Cost
Provide support for military families in finding employment, housing, legal, domestic	www.ocstrongfamilies.org
FOCUS	(760) 859-6079
Building 130193T "A" Street, Rm. 119	Camp Pendleton, CA 92055
www.focusproject.org	camppendleton@focusproject.org
Provides resiliency training to families. Families sign up for the program and attend a	

COMMUNITY RESOURCES: The referrals listed are not sponsored, endorsed, supported or specifically recommended by the Capistrano Unified School District or any of its employees. The referrals are provided as a community service based on information gathered from the providers or other sources. The District has not done any independent investigation or evaluation of any resource and does not take any responsibility for the quality or competency of the services provided.