

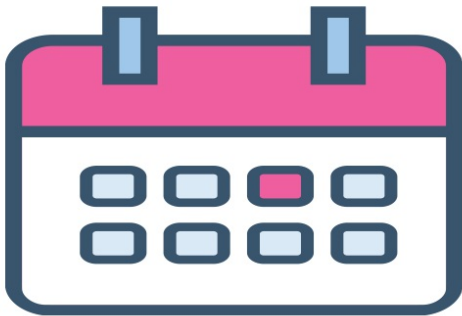


STUDENT RESOURCE

Study Skills

Study space

- Should be comfortable & free from distractions (like TV or video games)
- Should have all of your necessary supplies
- Should have enough light



Motivation

- Try doing your hardest tasks first, so you get them over with
- After you finish your work, reward yourself with a fun activity like playing a game or watching a video



Make it a routine

- Make doing your homework & studying a part of your after school routine
- Start each day by making a checklist of all the things you have to do
- Try to study at the same time each day
- Even if you don't have homework, you can review what you learned or prep are for upcoming projects
- Also organize your backpack and materials each school day, making sure to sort through any loose papers



If you get stuck

- If you get stuck, try asking for help from an adult at home or older sibling
- With parent's permission, you may also be able to reach out a friend in your class
- Try taking a short 5 minute break for every 20-30 minutes of work
- If you come to a problem you can't solve, skip that section and finish the rest of your work